THE WEEK.

The Prime Minister has been equal to precedent. As he had to make a speech at the Royal Academy banquet, it was desirable that he should have something of political interest to communicate. This annual function, however, is not equal to that of November 9th, in the City of London Guildhall, which is a Prime Minister's best opportunity for letting the public know just a little of what has been said or done by diplomatists. The fragment now offered to the public, as something worth having, is an assurance that Her Majesty's Ministers and the Czar's have come to an understanding in regard to China. But just what the understanding amounts to nobody may know yet awhile, beyond that it has reference to the railways being laid down in China. Lord Salisbury on Monday in the House of Lords put it generally that England has agreed neither to undertake nor to encourage any railways by English persons or others north of the Great Wall; and Russia has made an exactly similar stipulation with respect to the basin of the Yangtse Valley. The Marquis is hopeful that the agreement is evidence of good feeling between the Governments of Russia and England. Naturally enough, politicians who are in opposition cannot forget that Lord Salisbury is apt to make "graceful concessions," if only he may thereby take life easy; and until they see the text of the agreement they prefer to hope for the best.

There was last week a pilot balloon sent up by the Russian Government, in the columns of the *Times*, which led people to anticipate something new. The revelation was "a secret report" which M. Witte, the Czar's Minister of Finance, read at a special meeting of the Imperial Ministers. Of course such an official document—a protocol of the proceedings in committee—could only have been made public for a purpose. That purpose, it is plain was to influence the minds of Englishmen, so that they may look upon Russia as a desirable trade and business country. M. Witte, in the boldest fashion, has told his colleagues that England should be Russia's best market—the only market in which she can find relief for her present agricultural depression. England, too, should be her most desirable creditor. But, to gain these two desirable things Russian Ministers must bear in mind that English public opinion is guided much more by political than by economical reasons: give cause to suspect a Government's friendliness, and Englishmen sell out that country's stock and put every possible obstacle in …

… us; they mean to make us gallop, and the winners, I believe, will be those who have had the best moral, mental, and physical training for the great race of life.

Now for our ground for believing that the hint is needed in our own East Anglia. The Norwich Tramways Company have found employment for many men, and are paying good wages. But the conditions of employment are that the workmen be prompt to work, and that there be no dawdling, or doing what is required in the leisurely way which is so much to the taste of very many men who are big talkers, whatever they may be, as workers. We have heard of young men from the country making a trial of these conditions, and that a proportion of them fail in the grit which the Duke of Devonshire puts in the forefront of a workman's equipment. They have "gone home to mother," because the ganger was so sharp in keeping them at their duty, that twice their usual rate of wages failed to wean them from their slow modes of going through life. Systematic drill and individual exercise in athletics are doing much for the town boy and girl. Why should not the boy and girl in the country school, with their better chances attending on country air and plain food have more grit built into their mental fabric? Cycling is doing much for the individual, because it demonstrates that life is not all movement on the level, or easy-going downhill, but that there are hills to surmount and difficulties to overcome. Cricket, too, does much for the boys. Football, it is to be feared, has developed into a pastime where the many look on while the very few are engaged in athletics. The teacher in the day school has yet work to do, building up grit, little by little, day by day; and he may in this way hope to add to the strength of the nation, while increasing the physical and mental vigour of the individuals who are under his care and authority. "More grit" is certainly a good cry for our Elementary Schools.

THE POWERS OF A SANITARY AUTHORITY.

The Chancery Division of the High Court of Justice (Mr. Justice Stirling) has just heard the case Nicholl v. Epping Urban District Council.

This was a motion by the plaintiff asking for an injunction to restrain the defendants from entering upon certain premises belonging to him, and from interfering with, pulling down, or converting the privies attached to the said premises into water-closets, and from digging into, excavating, or other- …

[illegible]

THE GUILD OF COURTESY.

[illegible]

ATHLETICS IN SCHOOLS.

[illegible]

BEHIND THE WORKHOUSE SCENES.

SERIOUS ALLEGATIONS AGAINST A NORFOLK MASTER AND MATRON.

[illegible]

A ROMANCE OF THE PEERAGE.

[illegible]

THE MOST NUTRITIOUS.
EPPS'S
GRATEFUL—COMFORTING.
COCOA
BREAKFAST—SUPPER

ASSAULTING A CLERGYMAN AT WORTHAM.

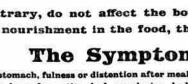
[illegible]

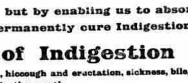
A POSITIVE REMEDY FOR CORPULENCE.

[illegible]

Food Worse than Wasted

is the food we eat and do not digest. When we cannot use the nourishment in the food taken, the stomach rebels and refuses to digest it. The food may be "moved on," still undigested, by a purgative; but that is not a cure. The stomach is left dry and sluggish, and the patient worse.





on the contrary, do not affect the bowels, but by enabling us to absorb and make use of the nourishment in the food, they permanently cure Indigestion.

The Symptoms of Indigestion

are, pain in the stomach, fulness or distention after meals, wind, hiccough and eructation, sickness, bile, distaste for food, a yellow tongue, loss of appetite, bad complexion, bad taste in the mouth.

Indigestion neglected leads to Liver Complaint, giving rise to small imaginary floating specks clearly seen before the eyes, especially in the morning; pain between the shoulders; drowsiness; lack of appetite low spirits; bad temper. To cure these disorders move the bowels freely with some simple aperient; subsequently commence with one Dr. Williams' Pink Pill after each meal, increased to two at a dose after a week. Thousands of very severe and chronic cases have been thus permanently cured. Dr. Williams' Pink Pills cannot harm the most delicate.

THE SCOTS-GUARDSMAN'S ENEMY.

INDIGESTION THE CAUSE OF INTENSE AGONY.

Mr. James Lamble, living at 33, Gaywood Street, Southwark, London, was formerly in the Scots Guards, and since leaving the army has been wielding the pen. He told a *Southwark Recorder* reporter the following story:—

"Before I had been out of the army long, that demon indigestion seized me. At first …

[illegible]

GASTRIC ULCER FOR ELEVEN YEARS.

DOCTORS SAID THE CASE WAS INCURABLE.

The story recently told by Miss P. Shapcott, of No. 4, Kenwin Terrace, Ellacombe, Torquay, to a local reporter, was a surprising one. Miss Shapcott is a dressmaker, and, consequently, has few opportunities for outdoor exercise.

"About eleven years ago," she said, "I had my first illness, and the doctors told me I was suffering from gastric ulcer. I brought up a quantity of blood on several occasions; then the horrible pain …

[illegible]

ALWAYS IN PAIN.

INDIGESTION IN THIS CASE DEVELOPED INTO ALARMING SYMPTOMS.

[illegible]

… of medicine before I tried Dr. Williams' Pink Pills, but none of them had any effect."

SOUTHPORT LADY RETURNS THANKS.

A CASE OF ACUTE DYSPEPSIA.

Mrs. Mary Robertshaw, of 52, Poulton Road, Southport, who has lived in the town all her life, and is very well known throughout the whole district, informed a reporter of the *Southport Visitor* about her wonderful cure. Mrs. Robertshaw said:—

"Up to March, 1898, I suffered from an acute form …

[illegible]

Gastric Ulcer

supervenes on neglected indigestion, especially when purgatives have been habitually taken. Its symptoms are vomiting, sometimes of blood; great pain, especially after eating, and inability to retain food on the stomach. Its effect is often ultimately fatal. This disease has been repeatedly cured by

Dr. Williams' Pink Pills.

Not only indigestion,

but all disorders arising from impoverished blood and from shattered nerves are cured by

Dr. Williams' Pink Pills.

Anæmia, Rheumatism, Scrofula, Paralysis, Locomotor Ataxy, Neuralgia, St. Vitus' Dance. Genuine only with full name, Dr. Williams' Pink Pills for Pale People, and sold by all chemists, or by Dr. Williams' Medicine Company, 46, Holborn Viaduct, London, at 2s. 9d. a box, or six boxes for 13s. 9d.

ENGLAND AND RUSSIA ON CHINESE QUESTIONS.

[illegible]

THE CRISIS IN THE CHURCH.

[illegible]

DEATH BY POST.

[illegible]

TERRIBLE CYCLONE IN MISSOURI.

[illegible]

THE ROBBERY AT PARR'S BANK.

A STORY OF MISSING NOTES.

[illegible]

THE MARKETS.

LONDON CORN MARKET.

[illegible]

METROPOLITAN CATTLE MARKET.

[illegible]

NORWICH MARKETS.

[illegible]

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